

Swim Wales Open Masters 2024 - 02/03/2024 to 03/03/2024

Wales National Pool, Swansea

Results - Session 6 - Warm Up 2.05 - 2.35

Event 601 Women 18-24 800 LC Meter Freestyle					2 Bryony Wilkes	54 LOUA-	12:03.12	
1 Arwen Teagle	23 MERY-	10:56.38			38.19	43.80	45.55	45.82
36.72	40.14	41.34	41.93		46.01	45.62	46.30	46.04
41.82	41.58	41.32	42.06		45.63	46.39	45.67	46.39
41.48	41.54	41.37	41.64		46.32	46.11	46.14	43.14
41.63	41.70	40.96	39.15					
Event 601 Women 25-29 800 LC Meter Freestyle					3 Judith McGregor-Harper	54 EMAW-	12:40.00	
1 Rebecca Harnden	26 BRNW-	10:56.52			42.24	46.89	49.55	47.76
36.69	40.34	41.30	41.99		49.00	48.56	48.61	48.47
41.74	41.68	41.44	41.71		49.05	47.75	47.95	47.38
41.41	41.87	41.37	41.36		48.10	47.82	47.62	43.25
41.42	41.88	41.08	39.24					
Event 601 Women 30-34 800 LC Meter Freestyle					4 Zorika Adams	54 CSCL-	12:40.60	
1 Hannah Munday	33 SSMY-	9:41.43			42.39	48.34	48.88	48.53
32.95	36.16	37.40	36.96		48.23	48.54	48.30	48.62
36.86	36.93	37.00	36.89		47.89	47.39	48.12	47.88
37.00	36.55	36.80	36.43		47.50	47.78	47.06	45.15
36.30	36.23	36.30	34.67					
2 C Williams (Waters)	31 SSMY-	10:42.14			48.65	48.68	48.73	44.24
34.26	38.65	39.26	39.63					
40.17	40.22	40.60	41.17					
43.06	41.00	40.94	40.84					
40.24	41.58	40.52	40.00					
3 Vikki Courtman	30 CHY-	12:06.85						
41.31								
	46.54	46.52						
			44.73					
44.05	41.47							
Event 601 Women 35-39 800 LC Meter Freestyle					Event 601 Women 55-59 800 LC Meter Freestyle			
1 Joanne Blount	39 THAW-	12:00.67			1 Helen Harris	58 LARS-	12:17.11	
38.13	43.68	45.26	45.82		40.27	45.35	46.05	47.14
45.63	46.58	45.92	46.48		46.02	46.88	46.66	47.68
46.17	46.77	45.98	46.03		46.65	47.66	46.91	47.47
45.95	45.63	44.82	41.82		45.89	46.71	45.20	44.57
2 Carrie Power	36 SUNY-	12:12.41			2 Helen Andrews	58 SDTS-	13:10.70	
38.63	44.41	46.14	46.64		42.90	49.72	50.06	50.21
46.38	46.20	45.92	46.64		49.94	50.15	49.76	49.89
46.25	46.42	46.71	47.22		50.22	50.14	50.10	49.34
46.83	46.95	46.20	44.87		49.73	50.44	50.17	47.93
Event 601 Women 45-49 800 LC Meter Freestyle					3 Gillian Ellis-Williams	59 CMMY-	13:43.57	
1 Jessica Partridge	49 STMW-	10:11.93			46.05	48.88	51.51	52.51
35.76	38.23	38.30	38.59		52.35	52.23	53.11	52.26
38.57	38.79	38.52	38.76		52.65	51.95	53.00	52.07
38.53	38.66	38.43	38.86		51.52	51.97	51.38	50.13
38.54	38.48	38.05	36.86		4 Kerry Friend	55 EMAW-	14:01.79	
2 Kate Nimmo	48 GLMW-	10:56.60			45.48	52.45	53.55	53.76
36.06	40.43	41.21	41.52		52.92	53.79	53.07	53.98
41.81	41.81	41.36	42.29		53.16	53.66	52.79	53.98
41.36	42.23	41.34	42.25		53.28	53.60	52.69	49.63
41.38	41.99	40.29	39.27		5 Susan Flanigan	56 CDMY-	14:12.08	
Event 601 Women 50-54 800 LC Meter Freestyle					47.59	51.62	53.89	53.78
1 Karen Howells	53 CDMY-	11:50.72			54.36	53.84	54.76	54.03
38.65	43.04	44.15	44.99		54.20	53.93	54.34	53.71
44.74	45.51	45.13	45.88		53.91	53.62	53.77	50.73
45.15	45.57	45.75	45.10		Event 601 Women 60-64 800 LC Meter Freestyle			
45.01	45.50	43.94	42.61		1 Elaine Seager	61 LOUA-	12:14.44	
					43.31	46.51	46.62	46.62
					46.82	47.13	47.09	46.72
					46.50	46.15	46.25	45.73
					45.84	45.79	45.14	42.22
					2 Kathleen Raymond	61 MEMS-	13:57.92	
					46.09	52.66	52.78	53.00
					52.96	53.35	52.50	53.38
					53.01	53.35	53.11	53.42
					52.88	52.76	52.20	50.47

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(Event 601 Women 60-64 800 LC Meter Freestyle)					4	Richard Healey	26	WREY-	12:40.86
3	Delia Keen	63	CMMY-	17:03.98					
	56.69	1:03.32	1:04.48	1:04.56		38.53	42.72	44.28	45.04
	1:04.72	1:05.35	1:04.71	1:05.73		45.63	46.49	47.78	48.95
	1:05.71	1:05.29	1:04.70	1:04.55		49.20	50.24	50.08	50.14
	1:04.22	1:04.40	1:03.37	1:02.18		50.09	51.27	50.86	49.56
Event 601 Women 65-69 800 LC Meter Freestyle					Event 601 Men 30-34 800 LC Meter Freestyle				
1	Helen Kula-Przewanski	65	DERW-	12:02.81	1	Andrew Horsfall-Turner	30	SUNY-	9:20.57
	40.32	44.11	45.77	46.19		31.03	33.81	34.67	34.91
	46.49	46.05	46.74	46.33		34.86	35.25	35.35	35.64
	46.62	45.73	46.58	45.79		35.50	35.85	36.23	35.95
	45.96	45.16	45.32	39.65		35.67	36.06	35.64	34.15
Event 601 Women 70-74 800 LC Meter Freestyle					2	Benjamin Jones	33	CDMY-	10:39.48
1	Lorraine Crook	70	CALY-	20:23.19		32.83	36.55	39.15	40.06
	1:07.94	1:13.61	1:14.72	1:17.79		40.28	40.56	40.88	41.57
	1:17.54	1:17.60	1:18.38	1:17.35		41.64	41.23	41.86	42.03
	1:19.14	1:19.30	1:18.95	1:18.87		40.94	41.47	39.70	38.73
	1:17.58	1:16.56	1:15.73	1:12.13	3	Andrew O'Leary	34	CDMY-	10:58.23
Event 601 Women 80-84 800 LC Meter Freestyle						35.22	39.05	40.49	40.52
1	Margaret Weare	80	CALY-	21:12.95		41.49	41.69	42.80	42.30
	1:08.95	1:14.41	1:20.67	1:21.94		42.20	42.57	42.74	42.08
	1:20.70	1:21.71	1:21.34	1:20.49		43.09	42.40	42.00	37.59
	1:21.37	1:20.33	1:21.86	1:18.07	Event 601 Men 35-39 800 LC Meter Freestyle				
	1:22.36	1:21.74	1:20.78	1:16.23	1	Gareth Cocks	35	RAFA-	10:04.07
Event 601 Men 18-24 800 LC Meter Freestyle						31.68	36.03	38.35	38.46
1	Lloyd Jones	21	MERY-	10:20.41		39.09	38.54	39.66	38.97
	32.05	36.42	38.08	37.79		38.40	38.36	38.89	38.29
	38.39	39.35	40.17	39.69		38.01	38.27	38.50	34.57
	39.62	39.33			Event 601 Men 40-44 800 LC Meter Freestyle				
	40.66			36.08	1	Ned Gill	44	SSMY-	10:50.02
2	Dylan Havard	20	ABTY-	11:27.26		37.33	40.69	40.35	41.64
	36.07	41.40	42.53	43.05		41.44	41.38	40.91	41.67
	42.99	43.47	43.63	43.68		40.89	41.34	40.35	41.38
	44.55	43.86	44.48	44.49		40.46	41.21	40.19	38.79
	45.60	43.92	43.23	40.31	Event 601 Men 45-49 800 LC Meter Freestyle				
3	Mark McCall	24	CEDY-	12:20.47	1	Christopher Hanmer	45	CHIY-	12:01.33
	40.28	44.46	45.94	46.87		38.86	44.91	46.03	45.53
	47.51	47.77	47.56	47.16		45.71	45.58	45.91	45.75
	47.78	47.45	47.19	46.72		46.12	45.58	45.97	45.94
	46.34	46.86	46.22	44.36		46.08	45.83	45.32	42.21
Event 601 Men 25-29 800 LC Meter Freestyle					2	Barnaby Rudd	46	WOKS-	12:21.72
1	Simon Scully	25	WOKS-	10:08.26		40.42	44.95	46.06	46.52
	33.72	37.04	38.33	38.75		47.06	47.21	47.77	47.55
	38.74	38.75	38.71	38.85		47.33	47.06	47.15	47.33
	38.71	38.42	38.77	38.51		47.12	47.21	47.01	43.97
	38.42	38.46	37.48	36.60	---	Andrew Martin	49	CDMY-	NS
2	James Flanigan	29	CDMY-	10:14.55	Event 601 Men 50-54 800 LC Meter Freestyle				
	34.19	38.42	38.36		1	Phillip Trelford	53	ELYT-	13:29.13
				38.64		46.60	48.17	51.71	51.88
	38.44	39.00	38.81	39.20		52.02	51.11	51.69	50.58
	38.99	39.49	39.59	37.26		52.78	50.57	51.62	51.41
						51.29	52.29	49.77	45.64
3	Ethan Steel	26	RCTY-	10:48.40	Event 601 Men 60-64 800 LC Meter Freestyle				
	33.18	37.23	38.24	39.31	1	Mark Jones	64	WMSN-	11:06.42
	39.69	40.63	40.48	41.31		37.86	40.60	41.80	41.80
	41.51	42.16	41.97	43.00		42.41	42.23	42.39	42.08
	42.47	42.45	42.16	42.61		42.38	41.97	42.71	42.34
						42.72	42.54	41.38	39.21

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(Event 601 Men 60-64 800 LC Meter Freestyle)

2	Colin Robbins	60	LEAA-	11:59.01
	37.47	42.49	44.80	45.87
	45.49	46.97	46.51	46.57
	45.74	46.83	46.00	45.29
	44.60	45.78	44.44	44.16
3	Stuart McGurk	63	KENN-	15:32.59
	50.56	57.88	59.52	1:00.25
	59.05	1:00.40	1:00.16	59.25
	59.54	59.75	1:00.21	57.98
	57.69	57.41	57.51	55.43
---	Paul Tallentire	62	CAQN-	NS

Event 601 Men 65-69 800 LC Meter Freestyle

1	Nicholas Crew	66	MEMS-	14:29.96
	44.48	52.09	56.59	55.87
	55.80	54.85	56.61	57.34
	55.78	55.17	56.30	55.53
	56.80	56.18	53.31	47.26
---	Michael Battersby	66	CDMY-	NS

Event 601 Men 70-74 800 LC Meter Freestyle

1	Nick Minns	71	EANT-	12:32.95
	42.76	46.74	47.74	47.33
	47.59	47.45	46.88	47.15
	47.49	47.60	47.50	48.07
	47.70	47.92	47.60	45.43

Event 601 Men 75-79 800 LC Meter Freestyle

1	Paul Partington	76	WINW-	20:54.53
	1:05.84	1:20.40	1:22.20	1:22.67
	1:21.69			1:18.62
	1:20.70	1:18.68	1:18.87	1:18.56
	1:21.03	1:16.45	1:21.07	1:06.25